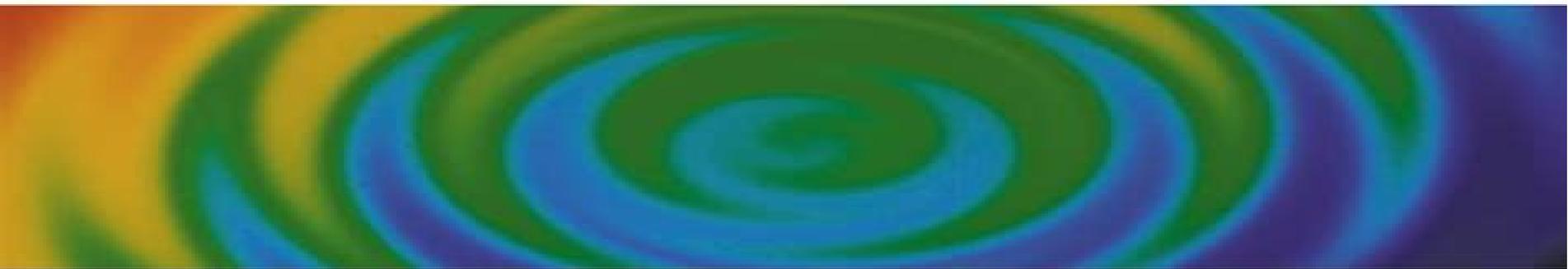


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A guide to the use of colour
for health and healing



Theo Gimbel

Colour Therapy Workbook

R. B. Amber



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Colour Healing Manual Pauline Wills,2013-08-28 The healing properties of colour and light have been recognised since ancient times today colour therapy techniques are used to great effect in a range of complementary therapies and for personal wellbeing This book provides a comprehensive introduction to colour healing and offers step by step instructions for diagnosis and treatment

Colour Therapy (all You Wanted To Know About) Vijaya Kumar,2004-03-01 **Color Therapy** R. B. Amber,1980 *The Practical Book of Colour Therapy* Susan Lilly,Simon Lilly,2010 This book examines the influence of colour on our lives and shows that through learning to understand the way we respond to the stimulus of colour we can use its energy to promote balance and wellbeing *Color Therapy* A. M. Babey-Brooke,R. B. Amber,1979 *Colour Therapy* Pauline Wills,1997

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colour palette from intense reds and oranges to serene blues and calming pastels so readers can colour to suit their mood
There are no rules or complicated step by step instructions in these pages and no need for expensive art and craft supplies
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Reviewing **Colour Therapy Workbook**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Colour Therapy Workbook**," an enthralling opus penned by a highly acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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