



# Cuisine Nicoise

**Geraldene Holt**



## **Cuisine Nicoise:**

**Cuisine Nicoise** Hillary Davis, 2013-08 Ni oise cooking from the region of Nice and surrounding countryside is vibrant and healthy with an emphasis on vegetables and fish It is honest simple and frugal based on what is available from the nearby land and the sea It is designed with olive oil rather than butter and cream is light rather than bathed in rich sauces There is less beef and more lamb pork rabbit wild game duck and chicken And it depends on fresh locally sourced produce You can't speak about cuisine Ni oise without mentioning the local farmer or fisherman Davis lived on the French Riviera Côte d'Azur for more than eleven years learning how to cook cuisine Ni oise from neighbors in her village friends cutting edge chefs and a host of characters she met She brings the Ni oise culture and style of cooking to vivid life with her stories of learning how to forage harvesting olives from the trees in her backyard buying fresh every day from local farmers and open air markets and spending Sundays cooking and eating with friends More than a cookbook Cuisine Ni oise is a tale a story a dream It is a delight for armchair travelers and cooks as Davis engagingly describes the villages around her her favorite markets where to find locally made pottery village festivals museums and a way of life that many would love to experience Exquisite photography from Steven Rothfeld a world class photographer sensuously evokes the colors and aromas found in this sunny corner of France

**Cuisine Niçoise** Jacques Médecin, 2016-05-05 Delightful like the distilled essence of the Mediterranean fresh with basil lemons red millet pine nuts garlic saffron and olive oil The Times London Though Nice may conjure up the very essence of sophisticated chic The Promenade des Anglais the Hotel Negresco and the casinos its culinary traditions are all about simplicity And its delicious dishes are known to have many health benefits as its recipes are in tune with the natural cycle of the year using in season fruits herbs and vegetables as well as plenty of fish With recipes offering a relaxed flexibility with ingredients and seasonings and suited to cooks of all levels of experience this cookbook shows you how to make the best use of a Ni oise pantry stocked with the best quality extra virgin olive oil sea salt fresh garlic and pots of aromatic herbs such as rosemary thyme and basil and discover the wonderful enticing world of tians panisses socca and ganses While not everyone will be able to dine alfresco under an olive tree the way they do in Nice this classic cookbook will at least allow you to recreate the city's best loved dishes

*Cuisine Nicoise* Jacques Médecin, 1983 Nice has been part of France only since 1860 so it is not surprising that its cuisine has no particular affinity with the traditions of the French cuisine The Nicois cook believes in simplicity not disguise eschews rich sauces nourishes a penchant for fish fruit and vegetables and appreciates the importance of careful subtle seasoning The author and mayor of Nice offers an enthusiastic guide to the cookery of his city As well as explaining how to make genuine salad nicoise the most betrayed of Nicois dishes he lures the reader into the world of stockfish tians panisses socca rabbit with fruit in aspic stewed pork with capers and gherkins ganses and Christmas bread

**Masterpieces of French Cuisine**, 1971 **The French Riviera** Michaela Lentz, 2005 Pocket Guide French Riviera includes a chapter detailing the French Riviera's history and culture 21 itineraries

taking in sights ranging from the alleys and steps of the 13th century Rue Obscure in Villefranche to the glamour and sophistication of Cannes leisure time suggestions and a comprehensive information section packed with essential contact addresses and numbers Plus many high quality photographs and maps including a detailed pull out map

**The Millionaire's Diet** Loyd Grossman,1985 *Bon Appétit* ,1999 Les recettes de la table niçoise Raymond Armisen,André Martin (Restaurateur),1972 New Provencal Cuisine Louisa Jones,1995-09-01 Fifteen of the very best chefs this unique region has to offer this cookbook offers 60 of their most inspired recipes tailored for the home cook with simple easy to follow instructions This cookbook also explores the history and beauty of Provence in a fascinating full color photographic sojourn

Dictionary of gastronomic terms, French/English Bernard Luce,1997 New Statesman ,2002-04 *French Country Kitchen* Geraldene Holt,1990 L'Opinion ,1927 *Guide Michelin Pour la France* ,1951 Travel & Leisure ,2005-05 *Garden Design* ,1998 **Gourmet** Pearl Violette Metzethin,1980 *The British National Bibliography* Arthur James Wells,2003 *A Guide to Provence* Michael Jacobs,1988 *The Best of France* Andre Gayot,1993-06 Filled with wise insights and discerning critiques this up to date authoritative guide covers hotels and restaurants throughout the whole of France Gayot offers fearlessly discriminating reviews of the restaurants brasseries and bistros in Paris and its suburbs descriptions of hotels resorts and country inns and coverage of the restaurants and lodgings across the French countryside 20 maps

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