

Symptom Clusters in Cancer (PDQ®) – Health Professional Version

Overview

During and after treatment for cancer, patients experience an average of 10 to 14 co-occurring symptoms.[1,2] Compared with patients with few or no symptoms, patients with multiple concurrent symptoms may experience worse decrements in physical and cognitive function,[3-6] quality of life,[3-6] and overall survival.[7] Symptoms that occur together over time may form a cluster.

A **symptom cluster** is two or more concurrent symptoms with the following properties:[1,8]

- The concurrent symptoms within the cluster are stable (i.e., the same symptoms that comprise clusters are identified at different time points throughout the cancer care trajectory).
- The symptoms within a cluster may share underlying mechanisms.
- The symptoms within a cluster may share outcomes.
- The symptom cluster may have a temporal dimension (i.e., the severity of the symptoms within the cluster may shift together over time).

Symptoms in a cluster may be related to each other in multiple ways. They may share a common set of biological, psychological, or social mechanisms, or they may cause or potentiate one another's effects.[8] They may also be due to side effects of another treatment. The management of symptom clusters primarily involves identifying relationships among the symptoms. This approach supports strategies that may address multiple symptoms simultaneously. It also avoids unnecessary interventions that can worsen symptom burden and the patient's quality of life. As advancements in symptom science research are achieved, better therapeutic targets will be identified for improved management of symptom clusters and outcomes.

References

1. Miaskowski C, Barsevick A, Berger A, et al.: Advancing Symptom Science Through Symptom Cluster Research: Expert Panel Proceedings and Recommendations. *J Natl Cancer Inst* 109 (4): . 2017. [[PUBMED Abstract](#)]
2. Harris CS, Dodd M, Kober KM, et al.: Advances in Conceptual and Methodological Issues in Symptom Cluster Research: A 20-Year Perspective. *ANS Adv Nurs Sci* 45 (4): 309-322. 2022 Oct-Dec 01. [[PUBMED Abstract](#)]

Cancer Symptom Management Rhone Version

Rachel S Tattersall



Cancer Symptom Managment Rhone Version:

Unveiling the Energy of Verbal Beauty: An Mental Sojourn through **Cancer Symptom Managment Rhone Version**

In a world inundated with displays and the cacophony of instantaneous communication, the profound power and mental resonance of verbal art frequently disappear into obscurity, eclipsed by the continuous assault of sound and distractions. Yet, located within the lyrical pages of **Cancer Symptom Managment Rhone Version**, a interesting work of literary brilliance that impulses with raw feelings, lies an memorable journey waiting to be embarked upon. Composed by way of a virtuoso wordsmith, that interesting opus guides visitors on a mental odyssey, softly exposing the latent possible and profound influence stuck within the complex internet of language. Within the heart-wrenching expanse of this evocative examination, we shall embark upon an introspective exploration of the book is key subjects, dissect its interesting publishing design, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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