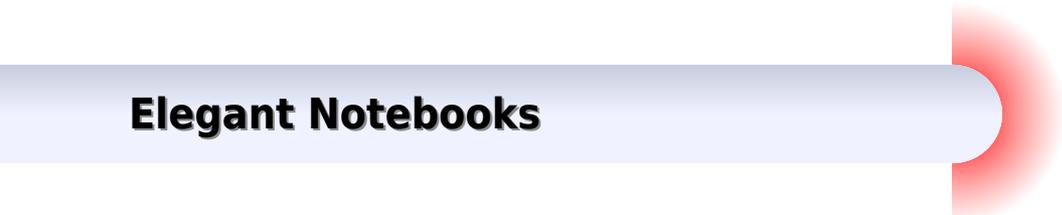


EFFECTIVE CONDITIONING TECHNIQUES FOR WRESTLERS



Conditioning For Wrestling

Elegant Notebooks



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