

**MHR 2000 Module 1  
Review Sheet for Exam 1**

**CHAPTER 1: GLOBALIZATION**

We cover virtually all of Chapter 1 topics, except the ones asterisked (\*). Please note from the box above what will not be on the exam.

Sections you must know:

- Introduction
- What is globalization?- Trend away from distinct national economic units and towards one huge global market.
  - The globalization of markets- moving away from an economic system in which national markets are distinct entities and towards a system in which national markets are merging into one global market.
  - The globalization of production- trend by individual firms to disperse parts of the productive process to different locations around the globe to take advantage of national differences in cost & quality of factors of production (inputs into the production process, land, labor, capital, etc.)
- The emergence of global institutions (know all five)
  - General Agreement on Tariffs and Trade (GATT)- international treaty that committed signatories to lowering barriers to the free flow of goods across national borders and led to the WTO.
  - World Trade Organization (WTO)- organization that succeeded the GATT as a result of the successful completion of the Uruguay Round of GATT negotiations.
  - International Monetary Fund (IMF) – International institution set up to maintain order in the international monetary system.
  - World Bank- International organization set up to promote general economic development in the world's poorer nations.
  - United Nations- An international organization made of 191 countries, headquartered in New York, formed in 1945 to promote peace, security and cooperation.
- Drivers of globalization
  - Declining Trade & Investment Barriers
    - After WWII many industrial nations committed to removing barriers to trade.
    - Removing barriers was enshrined in the GATT and later the WTO.
    - In addition to reducing trade barriers, many countries have also been progressively removing restrictions to foreign direct investment.
  - The Role of Technological Change
    - Since WWII, the world has seen major advances in communication, information processing, and transportation technology, including the Internet & World Wide Web.

# Aiecommunic 2000 Module 5 Read In Wkrpl

**R Pring**



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## Reviewing **Aiecommunic 2000 Module 5 Read In Wkrpl**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is actually astonishing. Within the pages of "**Aiecommunic 2000 Module 5 Read In Wkrpl**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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web sets reps 5 min fatigue frequency 3 5 x day elbow flexion and extension bend and straighten your elbow as far as you can sets reps 3 x 15 20 frequency 3 4 x day active horizontal shoulder adduction in standing with your elbow bent to 90 raise your arm out to the side to shoulder height 1

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web hand position place one hand on the front of the shoulder for stability and the other hand on the person s shoulder blade

heel of hand near the person's armpit and finger tips at the middle edge of the shoulder blade start position gently pull at the middle edge of the shoulder blade to move it away from the spine

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web instructions exercises should be done at least once per day do one arm at a time perform exercises slowly exercises to increase strength in the upper extremities some type of weight or resistance should be used recommendations commercial wrist weights 1 to 2 lbs soup or tuna can shoulder flexion

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web mar 10 2021 open your hand holding the fingers straight bend the middle finger joints next touch your fingertips to the top of your palm open your hand repeat 10 times with each hand next reach your thumb across your hand to touch the base of your little finger stretch your thumb back out repeat 10 times

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web elbow stretch hold your wrist start with your arms straight slowly bend your elbows hold for seconds slowly return to starting position with elbows straight repeat times forearm stretch affected hand on your lap or supported on a table rotate your hands so the palm of your affected hand is facing downwards

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web upper extremity range of motion exercises when exercising remember 1 take deep breaths during and after each exercise and after each set of exercises complete 2 3 sets x 10 reps daily 2 pace yourself 3 follow exercise directions as listed 4 notify your therapist if you have any questions or concerns 5

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web objective we quantified the range of motion rom required for eight upper extremity activities of daily living adls in healthy participants method fifteen right handed participants completed several bimanual and unilateral basic adls while joint kinematics were monitored using a motion capture system

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web upper extremity passive range of motion prom repeat stretches times and hold for seconds if you have any questions or concerns please call your occupational therapist at shoulder flexion 0 180 always make sure the person s thumb is up as if they are hitchhiking caregiver should be on the same

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web this review assessed nonsurgical interventions to restore range of motion in patients with injuries to the upper extremity the conclusion that splints casts or passive exercise are effective after joint injury and immobilisation should be treated with some caution as it relies heavily on evidence from studies with designs open to bias

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web oct 24 2019 background virtual reality vr based rehabilitation is considered a beneficial therapeutic option for stroke rehabilitation this pilot study assessed the clinical feasibility of a newly developed vr based planar motion exercise apparatus rapael smart board sb neofect inc yong in korea for the upper extremities as an intervention and

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