

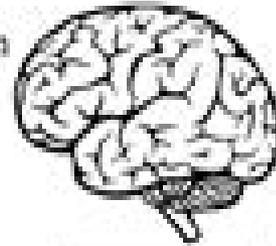
# Patterns of Brain Aging

Red = related to poor cognition

Green = related to maintained cognition

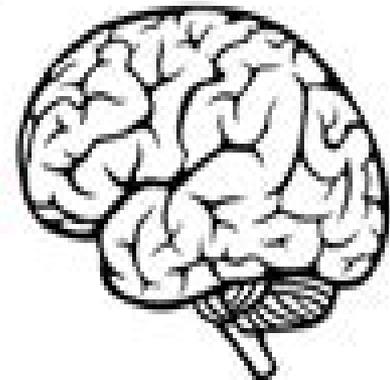
↑ = activation

↓ = suppression



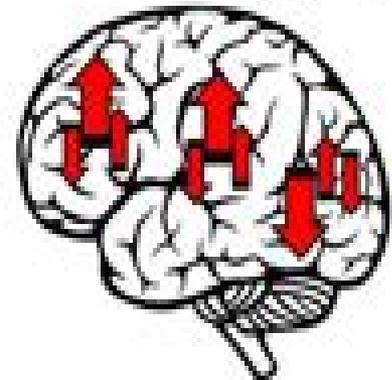
**Healthy Young Adult**  
Balanced activation and suppression of brain activity with intact cognition

Aging



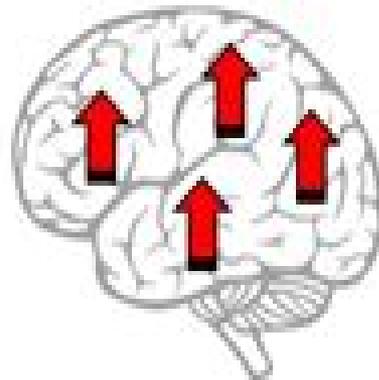
**Brain**

**Maintenance**  
No changes to brain activity and cognition remains intact



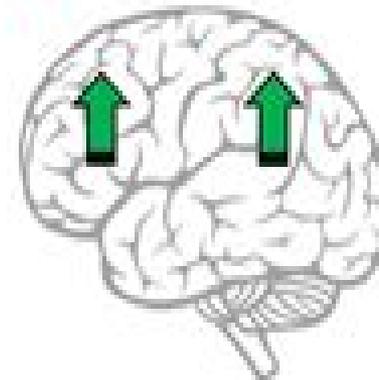
**Loss of Neural Distinctiveness/  
Differentiation**

Unorganized additional activation and suppression of brain regions/networks and cognitive decline



**Neural Inefficiency**

Less suppression of brain activity and cognitive decline



**Neural Compensation**

Additional activation needed to minimize cognitive decline

# Aging And Cognitive Processes

**Lingjun Ying**



## **Aging And Cognitive Processes:**

Delve into the emotional tapestry woven by Crafted by in Dive into the Emotion of **Aging And Cognitive Processes** . This ebook, available for download in a PDF format ( PDF Size: \*), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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