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# Perspectives in Behavioral Medicine

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## Behavioral Aspects of Cardiovascular Disease

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Edited by

ALVIN P. SETAPERO

ANDREW BALUM

A Psychology Press Book

# Behavioral Aspects Of Cardiovascular Disease

**Nelson W. Polsby**



## **Behavioral Aspects Of Cardiovascular Disease:**

Behavioral Aspects of Cardiovascular Disease Alvin Philip Shapiro, Andrew Baum, 1991 Smoking diet stress coping and exercise among other behaviors and psychological states are now clearly implicated in the development of cardiovascular diseases Prevention based largely on altering behaviors that contribute to this chronic disease is now as important a goal as is treatment of those already afflicted This volume based on a recent meeting of the Academy of Behavioral Medicine Research addresses several important areas of research in the general area of cardiovascular disease The topics covered reflect on important aspects of this phenomenon such as the long term development of coronary artery disease central nervous system CNS regulation of blood pressure heart rate and sympathetic tone playing a pivotal role in sympathetic activity and hypertension learned blood pressure modulation and baroreceptor activation as a means of reducing the aversiveness of stress or noxious stimulation and the notion that symptoms of heart disease or infarction may occur in the absence of organic heart disease Having been impressed by the recent advances in the field the editors of this book capture the wealth of newly acquired knowledge about behavioral factors in cardiovascular disease and how the body s nervous endocrine and cardiovascular systems work together *Behavioral Aspects of Cardiovascular Disease* Alvin P.

Shapiro, Andrew S. Baum,, Andrew S. Baum, 2014-05-12 Smoking diet stress coping and exercise among other behaviors and psychological states are now clearly implicated in the development of cardiovascular diseases Prevention based largely on altering behaviors that contribute to this chronic disease is now as important a goal as is treatment of those already afflicted This volume based on a recent meeting of the Academy of Behavioral Medicine Research addresses several important areas of research in the general area of cardiovascular disease The topics covered reflect on important aspects of this phenomenon such as the long term development of coronary artery disease central nervous system CNS regulation of blood pressure heart rate and sympathetic tone playing a pivotal role in sympathetic activity and hypertension learned blood pressure modulation and baroreceptor activation as a means of reducing the aversiveness of stress or noxious stimulation and the notion that symptoms of heart disease or infarction may occur in the absence of organic heart disease Having been impressed by the recent advances in the field the editors of this book capture the wealth of newly acquired knowledge about behavioral factors in cardiovascular disease and how the body s nervous endocrine and cardiovascular systems work together

**Cardiovascular Disorders and Behavior** D. S. Krantz, A. Baum, J. E. Singer, Jerome L. Singer, 2013-10-31 First published in 1983 This is Volume III of the Handbook of Psychology and Health Cardiovascular diseases are arguably the largest cause of death in the United States This statement attests to the importance of understanding these disorders in order to be able to prevent ameliorate and reduce the devastation which this set of diseases can cause Cardiovascular disorders have also been the most intensely studied of those health hazards that have come to the attention of behavioral scientists The many ways in which these problems are influenced by environmental social and behavioral factors have provided a fertile ground for study

by investigators of many disciplines and persuasions For these two reasons it is appropriate that a volume in this series be directed toward the study of cardiovascular disease *Braunwald's Heart Disease E-Book* Douglas P. Zipes, 2018-01-09 Trusted by generations of cardiologists for the latest most reliable guidance in the field Braunwald's Heart Disease 11th Edition remains your 1 source of information on rapidly changing clinical science clinical and translational research and evidence based medicine This award winning text has been completely updated providing a superior multimedia reference for every aspect of this fast changing field including new material about almost every topic in cardiology A unique update program by Dr Braunwald creates a living textbook by featuring weekly Hot off the Press and periodic Late Breaking Clinical Trials including links to authors presentation slides More than a dozen new chapters cover Chronic Lung Disorders and Cardiovascular Disease Transcatheter Treatment of Congenital Heart Disease Approach to the Patient with Valvular Heart Disease Obesity and Cardiometabolic Disease Environmental Exposures and CVD Approach to the Patient with Cardiac Arrhythmias Cardio oncology Precision Medicine and more New information on clinical cardiovascular genetics MR PET MR device compatibility fibrosis fusion imaging OCT IVUS left atrial appendage exclusion approaches and other topics Many new videos that elucidate coronary peripheral valvular congenital heart diseases and other cardiovascular diseases Expert Consult™ eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices **The Handbook of Behavioral Medicine** David I. Mostofsky, 2014-03-25 Handbook of Behavioral Medicine presents a comprehensive overview of the current use of behavioral science techniques in the prevention diagnosis and treatment of various health related disorders Features contributions from a variety of internationally recognized experts in behavioral medicine and related fields Includes authors from education social work and physical therapy Addresses foundational issues in behavioral medicine in Volume 1 including concepts theories treatments doctor patient relationships common medical problems behavioral technologies assessment and methodologies Focuses on medical interface in Volume 2 including issues relating to health disorders and specialties social work medical sociology and psychosocial aspects and topics relating to education and health 2 Volumes **National Library of Medicine Current Catalog** National Library of Medicine (U.S.), 1991 *Stress Proof the Heart* Ellen A. Dornelas, 2012-02-01 Cardiovascular disease is a leading cause of death throughout the world Chronic negative emotions such as depression and anxiety place cardiac patients at greater risk for death and recurrence of cardiovascular disease In 2008 the editor published a book related to this topic titled Psychotherapy with Cardiac Patients Behavioral Cardiology in Practice American Psychological Association Aside from that book there are very few resources specifically written for clinicians who treat psychologically distressed cardiac patients Unlike other medical specialty areas such as oncology the field of cardiology has been slow to integrate behavioral treatments into the delivery of service Perhaps because the field has been largely defined and dominated by researchers mental health clinicians are only starting to recognize behavioral

cardiology as a viable arena in which to practice There is a large void in the practitioner literature on behavioral cardiology In a review of *Psychotherapy with Cardiac Patients* Paul Eftim Ph D wrote Her new book goes well beyond previous works by giving specific and detailed guidance about how to tailor psychological interventions with this variegated population He added It would benefit from even more details about treatment approaches This proposed volume goes beyond the editor s previous volume by providing in depth descriptions of behavioral treatments for distressed cardiac patients written by eminent leaders in behavioral cardiology This book describes a wide range of behavioral treatments for the common psychologically based problems encountered by clinicians who treat cardiac patients The book is organized as follows Part I focuses on the most psychologically challenging and common presentations of cardiac diagnosis coronary artery disease arrhythmia and heart failure This section also includes a chapter on heart transplantation which is a treatment not a diagnosis but a treatment that incurs profound psychological impact for the individual In Part II behavioral interventions for the general cardiac population are described Mainstream therapies such as stress management cognitive behavioral therapy and medical family therapy are described along with approaches that have less empirical support but considerable practical significance such as personality guided therapy and interventions aimed at altering type D personality traits The literature in behavioral cardiology has a rich history of investigating maladaptive personality traits and thus it is important to include behavioral approaches that target personality in this volume Part III focuses on common behavioral problems encountered by clinicians who work with this patient population Most patients who seek psychological help do so because they perceive themselves to be stressed due to their job or overextended in all areas of their life Other people with heart disease present with sleep problems and or an inability to motivate themselves to exercise or quit smoking There are many practical behavioral approaches that can be helpful for patients with these difficulties and these are detailed in this section of the book The conclusion of the book focuses on how to integrate the behavioral treatments described in the preceding chapters into a comprehensive treatment model

**Congressional Behavior** Nelson W. Polsby,1925 Behavioural Medicine in Cardiovascular Disorders T. Elbert,W. Langosch,Andrew Steptoe,D. Vaitl,1988-03-15 Cardiovascular disorders are the major cause of death in the industrialized world Contributions to this volume take account of the social behavioral emotional and personality factors associated with these diseases Chapters outline basic psychophysiological mechanisms in the development of cardiovascular disorders and discuss recent results in the behavioral management of these conditions Stressing practical implementation of techniques by the practitioner the chapters fall into four sections psychophysiological aspects of essential hypertension behavioral management of hypertension prevention and rehabilitation of coronary heart disease and behavioral aspects of cardiac arrhythmia and related problems Each of the four sections is preceded by an introduction which outlines the issues considered

**The Behavioral Management of the Cardiac Patient** D. G. Byrne,1987 This volume provides a scientifically based text for clinical psychologists and others engaged in the extended non

medical care of the patient recovering from myocardial infarction The first chapter provides an overview of the pathophysiology and distribution of myocardial infarction for those not trained in medicine and subsequent chapters go on to discuss outcomes and their determinants after heart attack Emphasis is placed on emotional and behavioral responses to myocardial infarction since the book adopts the view that these play important roles in determining patterns of cardiological occupational and social outcomes The book then proceeds to a systematic coverage of those areas where behavior has been empirically shown to influence outcome and of the literature documenting the modification of these behaviors Research Grants Index National Institutes of Health (U.S.). Division of Research Grants,1970 **Behavioral Medicine Approaches to Cardiovascular Disease Prevention** Kristina Orth-Gomer,Neil Schneiderman,2013-05-13 Cardiovascular disease CVD is the number one killer of men and women in industrialized countries In older age groups CVD is also the most important cause for hospitalization and in many countries it is the basis of early retirement from work Thus CVD is associated with enormous costs for care and loss of productivity as well as for disabilities pensions etc All this has motivated clinicians and scientists to develop and implement new methodologies and technologies to better care for patients who are hospitalized for heart disease Efforts to improve care in the acute phases of coronary heart disease CHD have been successful During the last decade the immediate mortality risk of a patient admitted to coronary care for a suspected myocardial infarction or other acute coronary syndrome has decreased to less than 10% Despite these achievements CVD continues to represent a major threat to the health of middle aged and elderly men and women This volume addresses myriad aspects of CHD prevention including biobehavioral and psychosocial factors behavioral epidemiology behavioral intervention models and policy The first section of the text provides an introduction to CVD prevention and behavioral medicine The second section introduces two theoretically different approaches to preventive action high risk and population based strategies The third section describes and discusses the important questions of how behavioral sciences can be conceptually integrated into traditional medically based preventive efforts The fourth section presents both population and high risk behavioral intervention approaches In summary this volume examines the social environment and its potentials for preventive actions reviews the psychosocial and biobehavioral mechanisms involved in these effects and describes concrete and practical implementations of behavioral medicine knowledge as they have been applied to CHD prevention *Research Awards Index* , *Henry Ford Hospital Medical Journal* Henry Ford Hospital,1986 **Index of Conference Proceedings** ,1992 Type A Behavior and Coronary Heart Disease Risk Factors in Finnish Children, Adolescents and Young Adults Katri Räikkönen,1990 The Comprehensive Handbook of Behavioral Medicine James Mecham Ferguson,Craig Barr Taylor,1980 **International Medical and Surgical Survey** ,1922 *The Behavior of Young Children of the Same Family* Blanche California Weill,1928 **Behavioral Aspects of Illness, with Particular Emphasis on Problems Associated with Heart Disease, Stroke, and Cancer** Texas Christian University. Institute of Behavioral Research,1969

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