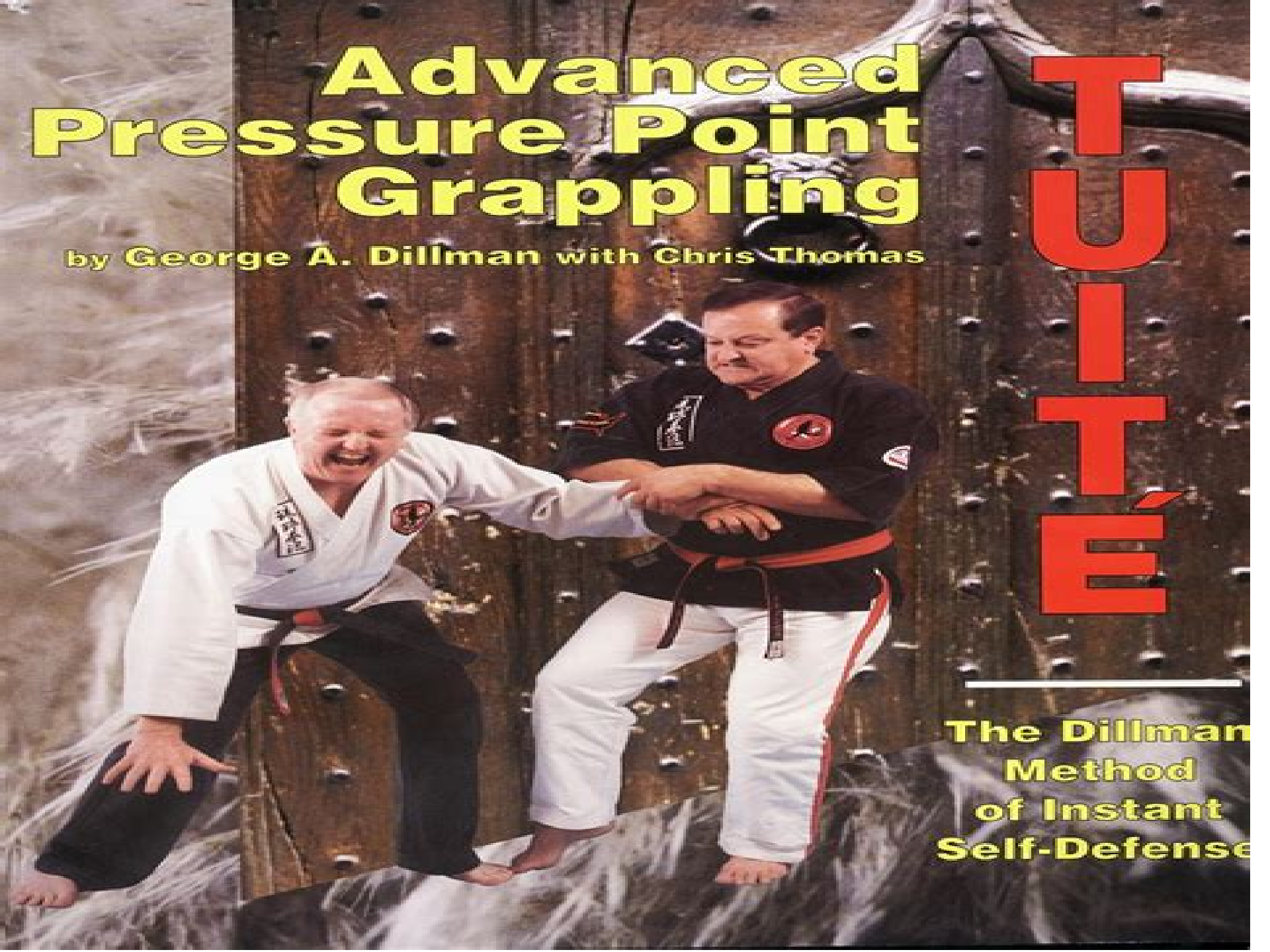


Advanced Pressure Point Grappling

by George A. Dillman with Chris Thomas

**T
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**The Dillman
Method
of Instant
Self-Defense**



Advanced Pressure Point Grappling

Michael Hoelscher

A red circular graphic with a gradient, appearing as a partial circle or a stylized 'C' shape, located to the right of the author's name.

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