



The Herbal Medicine-Maker's Handbook: A Home Manual [An Herbalism Book]



James Green, Ajana Green (Illustrator)

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THE HERBAL MEDICINE-MAKER'S HANDBOOK is an entertaining compilation of natural home remedies written by one of the great herbalists, James Green, author of the best-selling THE WILD HERBAL. Writing in a delightfully personal and down-to-earth style, Green emphasizes the point that herbal medicine-making is fundamental to many cultures on the planet and is accessible to everyone. So, first head into the garden and learn to harvest your own herbs, and then head into your kitchen and whip up a batch of raspberry cough syrup, or perhaps a soothing elixir to ease the daily stresses of modern life.

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