

Foods for Cancer Patients According to Traditional Chinese Medicine

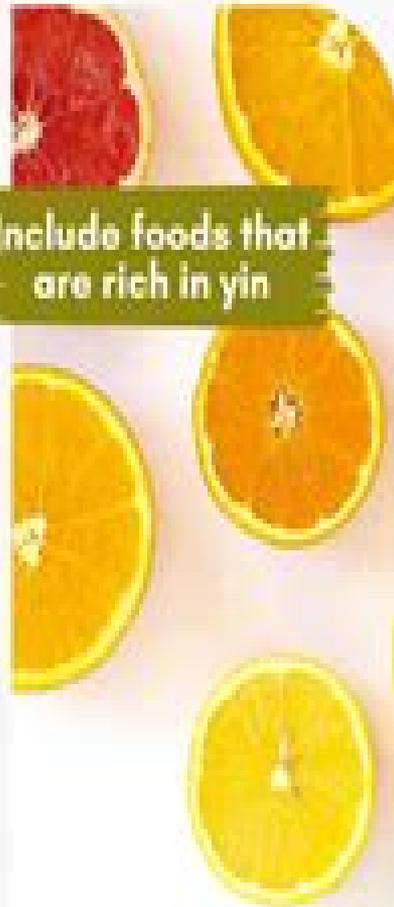
High Omega 3 in fish lowers the risk of colorectal cancer



Add more fish to your diet

GenSens

Include foods that are rich in yin



Hydrating fruits
Citrus fruits
Soy & whole grains
Legumes

Foods such as ginger, cordyceps and bamboo will help to restore Qi



Include foods that boost Qi

Eat foods for blood deficiency



Black sesame
Red dates
Amaranth

Cancer How To Heal It How To Prevent It

S Ben Porath



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