



COPING WITH WORK RELATED HEAD INJURIES

Work-related head injuries can lead to physical, mental, and financial hardships for an employee. A work injury attorney can file a workers compensation claim and ensure that fair benefits are received.

COMMON WORKPLACE HEAD INJURIES

- According to the U.S. Bureau of Labor Statistics, over 3 million workers suffered non-fatal head injuries while on the job in 2014.
- Work-related head injuries are among the most serious type of non-fatal injury that a person can sustain, because they often have the potential to lead to long-term physical, mental, and financial problems.



A variety of accidents can cause work-related head injuries. Some of these include:

SLIP AND FALL ACCIDENTS

Slip and fall accidents are consistently among the most common causes of serious work-related head injuries.

These are often caused by:



Liquid spills



Cracked pavement



Torn carpet



Inadequate lighting



Snow and ice

MOTOR VEHICLE ACCIDENTS



- Many employment positions require employees to drive motor vehicles as part of their daily duties.
- Truckers, delivery drivers and construction workers are especially vulnerable to accidents that can result in serious head injuries.

DEFECTIVE WORK EQUIPMENT

- In many cases, work-related head injuries are caused by defective work tools and equipment used in the workplace.
- When such injuries occur, a work injury attorney can file a lawsuit against the equipment manufacturer, as well as the employer.



EXPLOSIONS



- Certain industries such as industrial manufacturing and construction often use materials that have the potential to explode under certain conditions.
- Flying debris and falls due to the impact of the blast often cause head injuries.

COMPLICATIONS FROM HEAD INJURIES

Work-related head injuries can result in a variety of complications, their severity is proportional to the severity of the accident. Some of the more common complications associated with severe head injuries include:



Headaches and dizziness



Difficulty communicating



Sensitivity to light and sound



Speech and vision impairments



Balance problems



Sleep disturbances



Changes in behavior



Depression



Seizures

- Subdural hematomas, common in serious head injuries, result in bleeding between the brain and the inside of the skull.

- The increased accumulation of blood increases pressure on the brain and puts the injury victim at a higher risk of losing consciousness or death.

LONG-TERM CONSEQUENCES



- Work-related head injuries are often serious or fatal.
- Many injured employees require physical or mental rehabilitation before returning to work.
- With severe injuries, months or years may pass before the injured employee is able to fully recover from his/her injuries.
- Some injuries also result in partial or total permanent disability.



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Coping With Head Injury

Barbara McVan, Susan R. Williams



Coping With Head Injury:

Coping with Head Injury Beverly Slater, 1988 **Coping with Mild Traumatic Brain Injury** Diane Roberts Stoler Ed.D., 1997-11-01 Mild traumatic brain injury is one of the most commonly misdiagnosed problems in the United States today Symptoms can mimic those of a stroke depression or chronic fatigue syndrome Authors Stoler and Hill offer clear information on the different types of brain injury as well as the treatment options available **Coping with Concussion and Mild Traumatic Brain Injury** Diane Roberts Stoler Ed.D., Barbara Albers Hill, 2013-11-05 A comprehensive guide for improving memory focus and quality of life in the aftermath of a concussion Often presenting itself after a head trauma concussion or mild traumatic brain injury mTBI can cause chronic migraines depression memory and sleep problems that can last for years referred to as post concussion syndrome PCS Neuropsychologist and concussion survivor Dr Diane Roberts Stoler is the authority on all aspects of the recovery process Coping with Concussion and Mild Traumatic Brain Injury is a lifeline for patients parents and other caregivers [The Structure of Family Coping with Head Injury and Its Relation to Family Adaption](#) John Francis Kosciulek, 1993 **Family Experience of Brain Injury** Jo Clark-Wilson, Mark Holloway, 2019-09-10 Brain Injury not only affects its victim but those around them In many cases relatives are often overlooked despite facing many obstacles accepting and adjusting to a new way of life Family Experience of Brain Injury showcases a unique collaboration between relatives of brain injured individuals and professionals from the field of neurorehabilitation Family members from all different viewpoints tell their story and how the brain injury of a loved one has affected them This book provides a space for those hidden and marginalised voices the people who are in for the long haul often dismissed by services and left to cope in isolation By combining expert commentary with real life experiences this book points towards sources of support normalises the experience and provides a context for understanding the grief and losses of family members Not only will the hard earned knowledge and wisdom evident in this book help educate health and social care staff it highlights how love commitment hope and perseverance against a seemingly unbearable grief can remain It is essential reading for individuals and families touched by brain injury and will give multi disciplinary professionals such as medics nurses psychologists therapists social workers rehabilitation practitioners and clinical supervisors a greater understanding of their role in helping the affected family **Head Injury: Information and Answers to Commonly Asked Questions** Christopher Sturm, Thomas Forget, Janet Sturm, 1998-07 Head injury can quickly thrust families into a situation filled with fear confusion and uncertainty They are forced to make critical decisions at a time of severe emotional stress and many times are unable to effectively communicate with medical personnel Over a period of several months intensive care nurses and doctors from one of the country's leading head injury centers noted the most common questions asked by families and patients Their direct commonsense answers give comfort to those supporting the patient on the journey to recovery This book makes a great educational tool Its easy reading style and clear illustrations help patients and their families cope with

the changes that are about to occur in their lives It also helps facilitate communication between the family and the health care team Interviews with families who suddenly found themselves dealing with this tragedy add a personal dimension to the book Their insight offers readers additional tips for coping as well as an understanding of what they can expect on the road to rehabilitation

Brain Injury Medicine, 2nd Edition Nathan D. Zasler, MD, Douglas I. Katz, MD, Ross D. Zafonte, DO, 2012-08-27 This book is a clear and comprehensive guide to all aspects of the management of traumatic brain injury from early diagnosis and evaluation through the post acute period and rehabilitation An essential reference for physicians and other health care professionals who work with brain injured patients the book focuses on assessment and treatment of the wider variety of clinical problems these patients face and addresses many associated concerns such as epidemiology ethical issues legal issues and life care planning Written by over 190 acknowledged leaders the text covers the full spectrum of the practice of brain injury medicine including principles of neural recovery neuroimaging and neurodiagnostic testing prognosis and outcome acute care rehabilitation treatment of specific populations neurologic and other medical problems following injury cognitive and behavioral problems post traumatic pain disorders pharmacologic and alternative treatments and community reentry and productivity

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An Introduction to Coping with Brain Injury Nigel S. King, 2023-04-06 Just the facts for coping with the after effects of a brain injury Acquired Brain Injury ABI usually refers to people who have suffered a head injury or stroke but also includes those who have had brain tumours an anoxic injury where the brain has been starved of oxygen or brain illnesses like encephalitis and meningitis After an ABI the brain undergoes a very slow healing process before improvements slow down and eventually plateau This is different to other forms of brain conditions where the journey is more of a deteriorating one over time ABI is commonly called a hidden disability as it can easily be missed or misunderstood by others Also it can significantly affect those close to the person and therefore it is frequently called a family affair too As the issues are often hidden complicated and affect patients and families alike this book can act as a roadmap to help you and your loved ones navigate through the complex and often unexpected challenges that can arise following a brain injury using Cognitive rehabilitation approaches to understand and manage changes in our thinking abilities Cognitive behavioural approaches to address ways in which our thoughts feelings actions and physical reactions relate to each other

Skeletal Trauma E-Book Bruce D. Browner, Jesse Jupiter, Christian Krettek, Paul A Anderson, 2019-06-27 Offering expert comprehensive guidance on the basic science diagnosis and treatment of acute musculoskeletal injuries and post traumatic reconstructive problems Skeletal Trauma 6th Edition brings you fully up to date with current approaches in this challenging specialty This revised edition is designed to meet the needs of

orthopaedic surgeons residents fellows and traumatologists as well as emergency physicians who treat patients with musculoskeletal trauma International thought leaders incorporate the latest peer reviewed literature technological advances and practical advice with the goal of optimizing patient outcomes for the full range of traumatic musculoskeletal injuries Offers complete coverage of relevant anatomy and biomechanics mechanisms of injury diagnostic approaches treatment options and associated complications Includes eight new chapters dedicated to advances in technology and addressing key problems and procedures such as Initial Evaluation of the Spine in Trauma Patients Management of Perioperative Pain Associated with Trauma and Surgery Chronic Pain Management fully addressing the opioid epidemic Understanding and Treating Chronic Osteomyelitis and more Features a complimentary one year subscription to OrthoEvidence a global online platform that provides high quality peer reviewed and timely orthopaedic evidence based summaries of the latest and most relevant literature Contains unique critical information on mass casualty incidents and war injuries with contributions from active duty military surgeons and physicians in collaboration with civilian authors to address injuries caused by road traffic armed conflict civil wars and insurgencies throughout the world Features important call out boxes summarizing key points pearls and pitfalls and outcomes Provides access to nearly 130 instructional videos that demonstrate principles of care and outline detailed surgical procedures Contains a wealth of high quality illustrations full color photographs and diagnostic images Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices

Traumatic Brain Injury, 1995 **Coping with Mild Head Injury**, 2016 **Handbook of Neurological Rehabilitation** Richard J. Greenwood, Thomas M. McMillan, Michael P. Barnes, Christopher D. Ward, 2005-08-16 Provides an invaluable resource for all professions that work with patients suffering from neurological disorders Signposts Frances Shutt, Grady Partin, Alice Kent Roye, 1990 *Head Injury* Janet M. Williams, Thomas Kay, Thomas Key, 1991 This resource for professionals working with persons who have suffered head injuries provides an overview of the impact of head injury on the family system and guidelines for using the tools and resources necessary to provide intervention and support The emphasis throughout is on family centered rather than patient centered rehabilitation Annotation copyrighted by Book News Inc Portland OR **Parental Marital Functioning Following TBI in an Adolescent/young Adult Child** Ann Marie Thompson, 1996 **Living with Head Injury** M. D. van den Broek, Wolfgang J. L. Schady, M. J. Coyne, 1995 Head injury the most common cause of brain damage in young adults can produce profound and long standing effects leaving the sufferer with psychological and physical problems This work sets out to provide an accessible non technical explanation of the causes of these problems and advice on how to overcome them The complicated area of claiming compensation and how the legal process works is also explained *Living with Head Injury* Richard C. Senelick, Cathy E. Ryan, 1991 *Coping with Neurologic Problems Proficiently* Barbara McVan, Susan R. Williams, 1984 B.I.A. National Directory of Brain Injury Rehabilitation Services, 2002 Listing of brain injury rehabilitation services and

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