



The Biography of Spices

Ellen Rodger

Biography Of Spices

Simon Cotton



Biography Of Spices:

The Biography of Spices Ellen Rodger,2006 Make a voyage to the ancient spice islands and discover how empires were made from the growth and sale of spices This amazing new book examines the hidden history and geography behind those tiny bottles in the kitchen Exciting text and historic images explain to children how spices inspired explorers to seek new trade routes in earlier centuries and how spices have been used to cure the sick flavor foods and make perfume

Biography of Spices E Rodger,2005-11-01 Provides a history of aromatic food flavorings chronicling the evolution of international trade in these commodities as well as describing the harvesting of spices including cloves and cinnamon

The Mystery of Herbs and Spices James Moseley,2006-03-27 The Mystery of Herbs and Spices offers 53 tell all biographies of celebrated spices and herbs Tales of war sex greed hedonism cunning exploration and adventure reveal how mankind turned the mere need for nourishment into the exaltation of culinary arts Is it a spice or herb Where does it come from and what causes its taste What legends or scandals embellish it To what curious uses has it been put How can you use it today Neither a cookbook nor dry scholarship the book employs anecdotes and humor to demystify the use and character of every spice or herb Sample chapters from The Mystery of Herbs and Spices follow INTRODUCTION Better is a dinner of herbs where love is than a fatted calf with hatred Proverbs 15 17 Herbs and spices They impart glory to food and variety to life They are what separate the mere cook from the gourmet But they can be confusing What is the difference between a herb and a spice What foods do they go with And don t you feel silly not knowing if you are supposed to say herb or erb You might think a gourmet who understands such things is a sort of wizard that s what people thought in the Middle Ages when users of herbal medicines were accused of witchcraft and burnt But to people who grow up in India or Thailand exotic spices are common They use a wealth of seasonings as casually as we scatter ketchup and pepper Cooking with cardamom or cumin might seem a mystery of subtle kitchens but did you know that ordinary pepper was once precious and rare If you lived in Europe seven hundred years ago you could pay your rent or taxes in peppercorns counting them out like coins You could have bought a horse for a pound of saffron a pound of ginger would get you a cow and a pound of nutmeg was worth seven fat oxen If you were an exceptionally lucky bride your father might give you peppercorns as a dowry Now consider how casually we dash a bit of pepper over a fried egg today Like anything else herbs and spices are easy to use when you are familiar with them But like nothing else the story of spices is laced with adventure Ferdinand Magellan launched the first voyage around our planet By the time he reached the Pacific Ocean he had been out of touch with civilization for a year Sailing from the west coast of South America he headed out onto a briny desert of burning glass He had no maps He had no radio He had ridiculously small and leaky ships He was going where no one had ever gone before The hissing swells of the Pacific would take him four frightening months to cross without laying eyes once on land There would be nothing like this adventure for another five hundred years not until our exploration of space Magellan died out there in the unknown Only

eighteen of his 237 sailors straggled back to Spain What did they have to show for it Silver Gold Scientific discoveries No nutmegs and cloves Twenty six tons of them enough to pay for the entire cost of the voyage and make a profit of 500 gold ducats for every shareholder No one doubted for one second that the whole adventure had been worth it Spices They enhance our food That s all But since the human race began to dream the story of spices has enchanted our fantasy as well Where do they come from Why are they so enticing In what new ways can we use them This is a book of discovery Unfurl your sails like Magellan and follow the fragrance of spices and herbs to their source gather their lore and let them not only season your cooking but enrich your enjoyment of life PETER PIPER If Peter Piper picked a peck of pickled peppers How many pickled peppers did Peter Piper pick It might seem funny now but it wasn t funny at the time Pierre Poivre of Lyons France otherwise known as Peter Pepper or Peter Piper was a real person Born in 1719 he started his career as a Christian missionary and founded a bank in Vietnam In 1766 Spice Jack Turner,2008-12-10 In this brilliant engrossing work Jack Turner explores an era from ancient times through the Renaissance when what we now consider common condiments were valued in gold and blood Spices made sour medieval wines palatable camouflaged the smell of corpses and served as wedding night aphrodisiacs Indispensible for cooking medicine worship and the arts of love they were thought to have magical properties and were so valuable that they were often kept under lock and key For some spices represented Paradise for others the road to perdition but they were potent symbols of wealth and power and the wish to possess them drove explorers to circumnavigate the globe and even to savagery Following spices across continents and through literature and mythology Spice is a beguiling narrative about the surprisingly vast influence spices have had on human desire Includes eight pages of color photographs One of the Best Books of the Year Discover Magazine The Christian Science Monitor San Francisco Chronicle **The History and Natural History of Spices** Ian Anderson,2023-08-24 A tale of kings and conquests and high sea adventures A must read for those interested in the history of spices Shrabani Basu author of Victoria and Abdul and Curry The Biography of the Nation s Favourite Dish Humans have crossed the oceans and traversed the unknown in search of spice and flavour for thousands of years Mustard has been found at Neolithic sites in Iran Germany and Denmark the Romans love affair with black pepper was insatiable pepper saffron cinnamon ginger galangal and grains of paradise were ordered in large quantities for Richard III s coronation feast and vanilla was credited as helping 342 eighteenth century men become astonishing lovers Although the Romans had imported black pepper and Eastern spices had trickled through to the West for centuries it was only after Vasco da Gama rounded the Cape that huge quantities of spices were brought back from India and the Far East starting vicious trade wars between the Portuguese Dutch and English as they established their colonial empires Spices came from the West too when Columbus reached the Americas in the fifteenth century he brought back chilies to Europe and from there they spread rapidly across the globe The History and Natural History of Spices looks at spices from both a botanical and historical perspective from their uses and classification to their

influence on trade war and global events Both comprehensive and entertaining it is the story of how our passion for spices helped to change the world

Spices Fred Czarra,2009-05-01 The scent of oregano immediately conjures the comforts of Italian food curry is synonymous with Indian flavor and the fire of chili peppers ignites the cuisine of Latin America Spices are often the overlooked essentials that define our greatest eating experiences In this global history of spices Fred Czarra tracks the path of these fundamental ingredients from the trade routes of the ancient world to the McCormick s brand s contemporary domination of the global spice market Focusing on the five premier spices black pepper cinnamon nutmeg cloves and chili pepper while also relating the story of many others along the way Czarra describes how spices have been used in cooking throughout history and how their spread has influenced regional cuisines around the world Chili peppers for example migrated west from the Americas with European sailors and spread rapidly in the Philippines and then to India and the rest of Asia where the spice quickly became essential to local cuisines The chili pepper also traveled west from India to Hungary where it eventually became the national spice paprika Mixing a wide range of spice fact with fascinating spice fable such as giant birds building nests of cinnamon Czarra details how the spice trade opened up the first age of globalization prompting a cross cultural exchange of culinary technique and tradition This savory spice history will enliven any dinner table conversation and give that meal an unforgettable dash of something extra

Pepper: A History of the World's Most Influential Spice Marjorie Shaffer,2013-04-02 A chronicle of the history of pepper Describes its role in bringing Westerners to Asia tracing the extraordinary voyages exotic adventures and brutal violence that marked its early trade

The Mystery of Herbs and Spices James Allen Moseley,2020-05-11 Herbs and spices They impart glory to food and variety to life They are what separate the mere cook from the gourmet But they can be confusing What is the difference between an herb and a spice What foods do they go with And don t you feel silly not knowing if you are supposed to say herb or erb You might think a gourmet who understands such things is a sort of wizard that s what people thought in the Middle Ages when users of herbal medicines were accused of witchcraft and burnt But to people who grow up in India or Thailand exotic spices are common They use a wealth of seasonings as casually as we scatter ketchup and pepper Cooking with cardamom or cumin might seem a mystery of subtle kitchens but did you know that ordinary pepper was once precious and rare If you lived in Europe seven hundred years ago you could pay your rent or taxes in peppercorns counting them out like coins You could have bought a horse for a pound of saffron a pound of ginger would get you a cow and a pound of nutmeg was worth seven fat oxen If you were an exceptionally lucky bride your father might give you peppercorns as a dowry Now consider how casually we dash a bit of pepper over a fried egg today Like anything else herbs and spices are easy to use when you are familiar with them But like nothing else the story of spices is laced with adventure Ferdinand Magellan launched the first voyage around our planet By the time he reached the Pacific Ocean he had been out of touch with civilization for a year Sailing from the west coast of South America he headed out onto a briny desert of burning glass He had no maps He had no

radio He had ridiculously small and leaky ships He was going where no one had ever gone before The hissing swells of the Pacific would take him four frightening months to cross without laying eyes once on land There would be nothing like this adventure for another five hundred years not until our exploration of space Magellan died out there in the unknown Only eighteen of his 237 sailors straggled back to Spain What did they have to show for it Silver Gold Scientific discoveries No nutmegs and cloves Twenty six tons of them enough to pay for the entire cost of the voyage and make a profit of 500 gold ducats for every shareholder No one doubted for one second that the whole adventure had been worth it Spices They enhance our food That s all But since the human race began to dream the story of spices has enchanted our fantasy as well Where do they come from Why are they so enticing In what new ways can we use them This is a book of discovery Unfurl your sails like Magellan and follow the fragrance of spices and herbs to their source gather their lore and let them not only season your cooking but enrich your enjoyment of life [Encyclopedia of Spices and the Spice Trade](#) Victoria R. Williams,2025-11-13 Discover the rich history and deep cultural significance of spices from defining the flavors of regional cuisines to spurring Western exploration and colonialism This book examines spices from a variety of perspectives including their impact on culinary traditions role in health and medicine and influence on world economics and geopolitics for hundreds of years More than 125 entries profile individual spices regional cuisines influential locations and trade routes key issues in the modern spice trade and much more Entries on individual spices include information about the plant its geographic distribution history and cultural significance of its use and any contemporary threats or concerns Each entry includes cross referencing and a list of further readings allowing readers to both broaden and deepen their understanding of the subject Sidebars supplement the main text offering bite sized high interest facts Spices have been an important part of human culture for thousands of years They were used to flavor and preserve food as medicine and even in religious practices European demand for spices from the Middle East Asia and beyond created a complex network of merchants and trade routes producing economic powerhouses and forever changing the culinary landscape of the Western world Although the spice trade connected people and cultures across the globe the insatiable quest for spices and the wealth they brought also contributed heavily to the rise of colonialism This legacy of exploitation endures even today with concerns over issues such as fair labor practices and environmental degradation leaving a bitter taste in the mouths of spice producers worldwide **Eat History** Sofia Eriksson,Madeleine Hastie, Tom Roberts,2014-07-24 Eat History offers fascinating new insights into the emerging field of gastronomic studies and its intersection with cultural history and includes the writing of nine leading historians on topics ranging from vodka to patty cakes Though primarily focused on Australia the transnational nature of many of the essays widens the scope to include Russia and the British Empire as well as Italy With its engaging and entertaining tone the volume will prove to be of interest not only to researchers and academics in the field but to more general readers keen to discover how the consideration of food opens up whole new areas of history and points the way to

fruitful future inquiry *Spices and Condiments Origin, History and Applications* D. A. & Dhale D. A. Patil, 2013-01-01 After food medicine and spices of vegetable origin gained prime importance in human life The spices vis vis condiments undoubtedly got more currency even in historical times The history of wars voyages travelogues trades discovery of new world and water ways etc are all replete with references to them In modern times their economic significance increased multifold as they are employed not only because of primary functions but also due to their secondary ones The worldwide demand for processed foods integral part of modern way of human life has further geared up their research In view of all these the present authors thought worthwhile to write a book encompassing all these aforesaid perspectives The first chapter of introduction briefly reviews history of spices their forms and composition primary and secondary functions The spices and condiments used world over are clubbed under 60 titles An attempt has been made to focus their origin history varieties chemical constituents properties and multipurpose uses with particular emphasis on processed products Fairly vast and relevant bibliography will be useful for all those interested in this plant group The book is useful to the students teachers and research workers in botany plant sciences agriculture pharmacy and medicine It is hoped useful to the industries of food products perfumery medicine and agriculture products apart from academicians engaged in undergraduate and post graduate studies

A History of Spices American Spice Trade Association, 1960 *A History of Women in the Garden* Dr Twigs Way, 2005-01-01 From the early misfortunes of Eve condemning her descendants to a dubious reputation for fruit management to the acclaimed successes of plant breeders such as the eccentric Ellen Willmott who combined bankruptcy with iris breeding the fortunes of the female gardener have been as varied as their roles Telling the tales of the sixteenth century housewife who neatly sidestepped accusations of herbal witchcraft while working her plot and the unconventional Ladies of Llangollen who eloped together and created their gothic garden and many other women besides A History of Women in the Garden showcases female horticulturists through the centuries An enlightening and entertaining read that will allow the reader to gain fresh enthusiasm for even the most menial of garden tasks and realise that hundreds of women have trod the garden path before

Biography Samuel T. Black, 1913 **The Spice of Life** Judi McKee, 1987 **The Lore of Spices** Jan Ojvind Swahn, 2001-04 An illustrated history of spices where they originated how they got from place to place and their uses around the world

Every Molecule Matters Simon Cotton, 2025-09-10 Every Molecule Matters is a successor to the author's earlier Every Molecule Tells a Story and tells the story of a wide range of molecules These range from the familiar odours that enhance the pleasure of eating and the spices that add piquancy to the vitamins vital to our survival as well as the ways in which insects and plants use chemicals to protect themselves There's controversy surrounding the compounds of chlorine which encompass life supporting anaesthetics and natural antibiotics as well as insecticides like DDT which saved innumerable lives but became an environmental cause c l bre Through the addictive power of nicotine smoking tobacco transformed from a curiosity imported from the Americas into a megapound industry that has caused significant

human illness and death And how safe is vaping Discover the painkillers that have become drugs of abuse and smile at the smelly sulfur compounds that serve as unpleasant human odorants and defence molecules for skunks control natural cycles in the environment or act as flavourings in wine You will discover them all here This book showcases the structures of hundreds of compounds used by humans animals and plants Some are beneficial some are not Find out here why you should be better informed about them This collection of molecules includes human issues such as the chemistry of vaping and drugs of abuse including spice nitazenes and fentanyl Chemistry of Everyday includes vitamins and the molecules that give foods their aromas and appetizing appeal The chemistry of nature how plants and insects use chemicals to defend themselves against potential predators whether humans birds animals or other insects Organohalogen compounds encompassing the atmosphere damaging CFCs and their replacements and the chlorine compounds that are important medicines e g vancomycin Using isotopes from archaeologists faced by mysteries of ancient Rome and silver from Spanish conquistadors to tracking down the origin of South American cocaine and solving the Scissor Sister murder case *A Dictionary of the Bible, Comprising Its Antiquities, Biography, Geography, and Natural History* William Smith,1898 **The National Cyclopædia of American Biography** ,1929 **Dictionary of National Biography** Leslie Stephen,1889

Whispering the Techniques of Language: An Mental Journey through **Biography Of Spices**

In a digitally-driven world where displays reign great and immediate interaction drowns out the subtleties of language, the profound techniques and psychological subtleties hidden within phrases frequently get unheard. However, set within the pages of **Biography Of Spices** a charming literary value blinking with fresh thoughts, lies an exceptional quest waiting to be undertaken. Penned by an experienced wordsmith, this marvelous opus attracts readers on an introspective journey, lightly unraveling the veiled truths and profound influence resonating within the material of every word. Within the psychological depths with this touching review, we will embark upon a sincere exploration of the book is key styles, dissect their interesting publishing type, and fail to the strong resonance it evokes deep within the recesses of readers hearts.

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