



The Diabetes Holiday Cookbook



Year-Round Cooking for
People with Diabetes



Over 100 recipes

- Christmas, Kwanzaa, and Hanukkah
 - Birthday celebrations
 - Fourth of July picnics and barbecues
 - Valentine's Day • St. Patrick's Day
 - Chinese New Year
 - And many other festive occasions
- 
- 

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Diabetes Holiday Cookbook

Yijin Wang



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