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# Diabetes

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- Understand and manage diabetes on a daily basis
- Prevent long-term health complications
- Choose a diet plan that works for you

**Dr Alan L Rubin, MD**  
*Diabetes specialist*

**Dr Sarah Jarvis, GP**  
*GP for BBC One's The One Show*



# Diabetes For Dummies Uk Edition

**City of London College of Economics**

## **Diabetes For Dummies Uk Edition:**

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