

# The Bisexual Option

Second Edition

**Fritz Klein**

Foreword by Regina U. Reinhardt



# Bisexual Option

**Fred Klein**



## **Bisexual Option:**

*The Bisexual Option* Fritz Klein, Fred Klein, 1993 Soon to be translated into Japanese *The Bisexual Option* explores bisexuality explains the bisexual and explodes myths surrounding this large unseen segment of the population Now in its second edition this intriguing book gives an overview of bisexuality As there is still no book that covers the subject like this one it is must reading for establishing a contemporary view of bisexuality and those committed to a bisexual lifestyle Fritz Klein an experienced psychiatrist and expert in bisexuality and sexual orientation explains the concept and the variables of sexual orientation and where bisexuality fits He covers many subjects in the book including myths of bisexual nonexistence and the either or dilemma intimacy both emotional and sexual an explanation of bisexuality and the Oedipus Complex definitions and examples of the healthy and troubled bisexual major sociological findings about bisexuality the bisexual in history the bisexual as depicted in the arts factors that will influence bisexuality in the future The book helps readers understand where they fit on the sexual orientation continuum The *Bisexual Option* aids in explaining who bisexuals are and why they have problems in heterosexual as well as homosexual societies and shows bisexuals that they are not alone Even helping professionals will find information on this invisible but large segment of the population A variety of readers will want to read *The Bisexual Option* including the bisexual community and individual bisexuals the homosexual communities which include many bisexuals mental health practitioners psychologists both students and professionals university students married partners of bisexuals HIV AIDS workers who wish to become acquainted with how bisexuality affects the risk to the heterosexual community sexologists and researchers

*The Bisexual Option* Fritz Klein MD, Regina U. Reinhardt, 1993-07-01

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university students married partners of bisexuals HIV AIDS workers who wish to become acquainted with how bisexuality affects the risk to the heterosexual community sexologists and researchers **The Bisexual Option** Fred Klein,1978 Consistently assumes that bisexuality involves absolute equality of homosexual heterosexual impulse and action Assumes that both homosexuals and heterosexuals suffer from fear of the rejected sex Jim Kepner The Bisexual Option Fritz Klein,2014-05-22 Soon to be translated into Japanese The Bisexual Option explores bisexuality explains the bisexual and explodes myths surrounding this large unseen segment of the population Now in its second edition this intriguing book gives an overview of bisexuality As there is still no book that covers the subject like this one it is must reading for establishing a contemporary view of bisexuality and those committed to a bisexual lifestyle Fritz Klein an experienced psychiatrist and expert in bisexuality and sexual orientation explains the concept and the variables of sexual orientation and where bisexuality fits He covers many subjects in the book including myths of bisexual nonexistence and the either or dilemma intimacy both emotional and sexual an explanation of bisexuality and the Oedipus Complex definitions and examples of the healthy and troubled bisexual major sociological findings about bisexuality the bisexual in history the bisexual as depicted in the arts factors that will influence bisexuality in the futureThe book helps readers understand where they fit on the sexual orientation continuum The Bisexual Option aids in explaining who bisexuals are and why they have problems in heterosexual as well as homosexual societies and shows bisexuals that they are not alone Even helping professionals will find information on this invisible but large segment of the population A variety of readers will want to read The Bisexual Option including the bisexual community and individual bisexuals the homosexual communities which include many bisexuals mental health practitioners psychologists both students and professionals university students married partners of bisexuals HIV AIDS workers who wish to become acquainted with how bisexuality affects the risk to the heterosexual community sexologists and researchers Bisexual Resource Guide Robyn Ochs,1999 **The Bisexual Resource Guide** Robyn Ochs,1996 **Bisexuality** Angela Bowie,2002 In our cutting edge western society bisexuality has come to mean simultaneously a password to popularity and success in the media a slur meaning any number of negative normally promiscuous attributes and a vague undefined category of sexual preference that encompasses a very mixed bag The introductory essay in this book highlights civilisations where bisexuality has flourished and goes on to showcase the lives of more than 100 famous bisexuals like Alexander the Great Sappho Cassanova Marquis de Sade Oscar Wilde and Virginia Woolf **Sex** Michael Carrera,1981 Contains chapters on body image erotica fetishism gender and sexual orientation incest men s sexual systems sexually transmitted diseases women s sexual systems masturbation and oral sex **Women and Bisexuality** Sue George,1993 How do bisexual women lead their lives Are they monogamous celibate involved in multiple relationships Are they young old black white married single living as lesbians How their partners feel about their sexuality How open can they be with their children colleagues friends and families And what has led them to identify in this way In Sue George s pioneering study the first full

length book on bisexual women to have appeared in the UK 150 women from a range of backgrounds and age groups tell what it is like to be bisexual Their experiences including seven long and frank interviews are placed against an examination of the theories developed about bisexuality from the late nineteenth century to the present day a discussion of the often fraught relationship between bisexuality and feminism and an analysis of why it has suited society to ignore bisexuality and to pigeonhole everyone into the categories of heterosexual or homosexual A valuable contribution to our knowledge about sexuality Women and Bisexuality paints a vivid picture of how bisexual women live today and asks how bisexuality as a political and social identity might be constructed in the future

**The Bisexual's Guide to the Universe** Nicole Kristal, Mike Szymanski, 2006 Organised by experience level beginner intermediate and advanced this no holds barred irreverent guide is for anyone bisexual queer pansexual or none of the above who wants the best of both worlds Increase your Bi Q now

Youth, Education, and Sexualities James Thomas Sears, 2005 Featuring more than 200 entries this work is an authoritative source for educators researchers and students seeking an understanding of lesbian gay bisexual and transgender LGBT youth This work examines policy practice and research concerning youth who are often the victims of bullying and harassment

**Bisexuality** Beth A. Firestein, 1996-08-20 A landmark volume in the field Bisexuality presents a state of the art glimpse of what is known and what remains to be known about bisexuality Editor Beth A Firestein gathers together an impressive group of researchers activists educators theorists and clinicians to offer insight into this understudied sexual orientation Written in a scholarly but accessible style this noteworthy collection of essays provides a focused comprehensive introduction to research theory and practical clinical knowledge about bisexuality The contributors agree that given recognition and validity the study of bisexuality can extend what we know about sexual orientation and sexual identity as well as shed light on previously unexplored aspects of sexuality This insightful volume explicates the emergence of bisexuality as a phenomenon requiring a paradigm shift in sexual orientation studies and discusses the implications of this shift Bisexuality makes accurate high quality information about the subject available to professionals and students in lesbian gay studies gender studies sociology family studies and human sexuality The book also brings current clinical perspectives together in a user friendly volume for practitioners in social work and clinical counseling psychology

**The Bisexual Imaginary** Bi Academic Intervention, 1997 This insightful and lively book examines the consumption of the lesbian idols kd lang and Martina Navratilova by their many lesbian fans in contemporary society through an analysis of lesbian recognition identification and desire Allen suggests that the star fan relationship existing between these stars and their fans challenges a heterosexual notion of sex as determining gender because of the function of the masculine woman as a powerful signifier of lesbian identity Thus the way in which Martina and kd embody an ongoing and lived out lesbian identity makes representations of them in the mainstream media an unprecedented phenomenon which undercuts the primacy of heterosexual gender relations This is contrasted with the recent media popularization of lesbian chic which is viewed rather

as a homophobic recuperation of lesbians under the visual codes of conventional femininity The Lesbian Idol presents a multitextual and highly critical analysis of lesbian fans personal accounts of their adoration for their idols the ways in which Martina and kd have been represented in the mainstream media and the key discourses through which lesbian identity and culture have recently been theorized such as psychoanalysis queer theory and feminism

**Bisexual Lives**, 1988 Bisexuals are people who experience a desire for emotional sensual or sexual relationships with people of both sexes There are an enormous number of them in the world This book contains a collection of short pieces written by bisexual women and men about their experiences of what it is like to be bisexual from back cover

*Counseling Lesbian, Gay, Bisexual, and Transgender Substance Abusers* Dana G. Finnegan, Emily B. McNally, 2002 This book a completely revised version of the authors 1987 *Dual Identities* offers insight on the special treatment issues of lesbian gay bisexual and transgender LGBT substance abusers It describes stages of sexual identity transformation looks at different counseling approaches and gives practical suggestions for helping clients Information is accessible to beginning and experienced counselors as well as patients Finnegan an alcohol counselor and McNally a psychologist and alcohol counselor are co founders and current board members of the National Association of Lesbian and Gay Addiction Professionals c Book News Inc

**Journal of Gay, Lesbian, and Bisexual Identity**, 1999

*Bisexuality* Thomas Geller, 1990

*From Psychoanalytic Bisexuality to Bisexual Psychoanalysis* George C. Abbott, 1990 This is the first book to assess bisexuality through a range of psychoanalytic and critical perspectives highlighting both the issues faced by bisexual people in contemporary society and the challenges that can be presented by bisexual clients within a clinical setting Examining bisexuality through the lenses of Lacanian Winnicottian and Relational psychoanalytic theories the book outlines the ways in which the concept is at once both dated and yet still tremendously important It includes case studies to explore the issue of widespread countertransference responses in the clinical setting as well as using both bisexual theory and empirical research on biphobia to comment on the social pressures facing bisexual men and women and the resultant psychological effects Bisexual identities and practices have become increasingly visible in recent years and this important book addresses the lack of critical reckoning with this topic within the psychoanalytic community It will be of great interest to practicing psychoanalysts and psychotherapists as well as to researchers across the fields of psychoanalysis and gender sexuality studies

**The Unspoken Lives of Bisexual Women** Nicole Catherine Polen, 2006

**Lgbt, Encyclopedia of Lesbian, Gay, Bisexual, and Transgender History in America: Race to Zulma, appendix, index** Marc Stein, 2004 Online version of the 3 vol work published by Gale providing a comprehensive survey of lesbian and gay history and culture in the United States

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