

QUIZLET 1

A magnetic resonance imaging (MRI) test is scheduled. What should be included in the information provided to the patient?

- A. The test will take approximately 60 minutes.
- B. The patient will have an intravenous (IV) line started prior to the test.
- C. Solid foods are restricted for 6 to 8 hours prior to the test.
- D. There is only a limited amount of radiation exposure associated with the test.

The nurse is caring for an older adult patient who reports continued problems with constipation. What intervention can be implemented to promote timely bowel movements?

- A. Increase fiber intake.
- B. Limit fluid intake to 1500 mL daily.
- C. Administration of an oil retention enema weekly.
- D. Take a mild over-the-counter laxative each evening.

A patient questions the use of herbal remedies to manage motion sickness on an upcoming trip. Which has been used with success to manage this health complaint?

- A. Ginger
- B. Ginkgo
- C. Ginseng
- D. Goldenrod

The nurse is assessing the stooling patterns of an assigned patient. The patient reports stools as being clay colored. The nurse knows this may indicate which condition?

- A. Bile is not reaching the intestines.
- B. The stool contains undigested fat.
- C. The stool has an excessive amount of bilirubin.
- D. The patient is experiencing upper gastrointestinal (GI) bleeding.

An elderly patient reports a loss of interest in eating. The patient's history indicates the patient's spouse died a few months ago. When providing information to the patient, which action by the nurse is likely to be most helpful in increasing the patient's intake?

- A. Having the patient keep a food diary.
- B. Giving the patient a list of high-calorie foods.
- C. Reminding the patient of the importance of eating.
- D. Suggesting to the patient's family members that someone join the patient for meals.

A patient is to collect a specimen for a stool guaiac test. Which direction should the patient be given?

- A. "Be sure to use a sterile container to collect the specimen."
- B. "Be sure to take a laxative 2 days prior to collecting the stool."
- C. "Do not eat red meat for at least 3 days before collecting the specimen."
- D. "Do not drink carbonated beverages for 8 hours before collecting the specimen."

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