

Surgical Care Pathway

Guideline Recommendations

Frailty Innovations

- 1) Use validated frailty instrument to assess risk
- 2) Review referring team information
- 3) Assess for influencing health factors (e.g. sarcopenia)
- 4) Assess for delirium with validated tool
- 5) Seek prompt collateral history
- 6) Refer or holistically manage high risk frail patient prior to surgical intervention
- 7) Utilise shared decision making with relevant individuals (e.g. patient & relatives)

- 1) Risk prediction models may assist in shared decision making process
- 2) Wearable technology and medical imaging can provide novel quantitative methods to identify frailty

- 1) Admit frail patients on day of surgery and place early on surgical list where possible
- 2) Senior surgical/anaesthetic team members should be present for high risk cases
- 3) Carefully consider medications used intraoperatively
- 4) Avoid unnecessary lines where possible
- 5) Have a clear postoperative plan (including ceilings of care and step-down destination)
- 6) Required sensory aids and relatives/carers should be available during recovery from anaesthesia

- 1) Robotic assisted surgery is becoming increasingly common - including in frail patients
- 2) The evidence is mixed across various surgical specialities
- 3) Further work required to define patient selection process

- 1) Mobility aids required by patients should be available to encourage mobilisation
- 2) Regularly assess and manage postoperative pain using validated approaches
- 3) Document and review a clear discharge plan including discharge destination
- 4) Ensure comprehensive summary of inpatient stay is available once the patient is discharged

- 1) ERAS protocols provide core elements to perioperative patient optimisation
- 2) A range of specific ERAS protocols exist for various surgical specialities with further guidelines in development
- 3) Multimodal prehabilitation focuses on holistic patient optimisation to improve surgical outcomes
- 4) Digital assisted home rehabilitation may provide a cost-effective, safe, and practical alternative to costly rehabilitation centres



Advances In Surgery In The Elderly

**Jeremy Prout, Tanya Jones, Daniel
Martin**

Advances In Surgery In The Elderly:

Advances in Surgery in the Elderly Dana K. Anderson, 1993-01-01 **Advances in Risk and Prevention Research and Treatment: 2012 Edition**, 2012-12-26 Advances in Risk and Prevention Research and Treatment 2012 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Risk and Prevention The editors have built Advances in Risk and Prevention Research and Treatment 2012 Edition on the vast information databases of ScholarlyNews You can expect the information about Risk and Prevention in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Advances in Risk and Prevention Research and Treatment 2012 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at <http://www.ScholarlyEditions.com>

Advanced Training in Anaesthesia Jeremy Prout, Tanya Jones, Daniel Martin, 2014 Advanced Training in Anaesthesia is authored by both trainees and specialists in order to create an authoritative yet accessible text Containing everything candidates need to know to pass this final major hurdle in anaesthetic training this book is ideal for exam revision Suggestions for further reading are included for candidates wishing to read around the subjects Topics in applied basic science are presented in a systems based format as laid out in the syllabus set by the Royal College of Anaesthetists to allow for easy navigation and structured learning and revision

Rapid Perioperative Care Paul Wicker, Sara Dalby, 2016-11-14 Rapid Perioperative Care is an essential text for students and practitioners requiring up to date fundamental information on the perioperative environment Covering a wide range of subjects related to perioperative practice and care each chapter is concise and focused to guide the reader to find information quickly and effectively This book uses a structured approach to perioperative care starting with an introduction to the perioperative environment anaesthetics surgery and recovery followed by postoperative problems and finally the roles of the Surgical Care Practitioner SCP Covering all the key topics in the perioperative environment this concise and easy to read title is the perfect quick reference book for students and theatre practitioners to support them in their work in clinical practice and enable them to deliver the best possible care

Geriatric Oncology, An Issue of Clinics in Geriatric Medicine Harvey Jay Cohen, Arati V. Rao, 2016-01-19 This issue of Clinics in Geriatric Medicine devoted to Geriatric Oncology is guest edited by Drs Harvey J Cohen and Arati V Rao of Duke University Medical Center Articles in this issue include Cancer and Aging General Principles Biology and Geriatric Assessment Cancer Screening in the Elderly Cancer Survivorship Management of Long term Toxicities Socioeconomic Considerations and Shared Care Models of Older Cancer Care Palliative Care and Symptom Management Management of Prostate Cancer in the Elderly Management of Breast Cancer in the Elderly Management of Lung Cancer in the Elderly Colorectal Cancer in the Elderly Myelodysplastic Syndrome

and Acute Myeloid Leukemia in the Elderly Chronic Lymphocytic Leukemia and Other Lymphoproliferative Disorders and Monoclonal Gammopathies and Multiple Myeloma in the Elderly *Geriatric Medicine* Christine K. Cassel, Rosanne Leipzig, Harvey Jay Cohen, Eric B. Larson, Diane E. Meier, 2006-05-29 Since the publication of the third edition of *Geriatric Medicine* extraordinary advances have occurred in the science of aging and the potential for biomedical research to give us answers to many if not most of the age related disorders that threaten the quality of life in older years At the most basic level the successful mapping of the human genome was declared complete in the fall of 2000 Understanding the map of the human genome is as important as understanding the map of genomes of important laboratory species ranging from the microscopic worms and fruit flies used in most classic genetic studies to rodents such as laboratory mice and eventually to primates on which much of the research on the aging human brain is done The genetic maps of all of these species including our own does not answer clinical questions but it does open the door to dramatic rapid and efficient answers to questions about the genetic polymorphisms related to diseases in humans The telomerase story also unfolded since the third edition Telomerase is an enzyme responsible for maintaining the telomeres the redundant DNA portions at the end of chromosomes whose shortening seems to be linked directly to cell senescence apoptosis and the control over cell death which at the level of the individual cell seems to be linked to the decline of organ function and eventually aging and death within the organism

Developments in Aging, 1979 United States. Congress. Senate. Special Committee on Aging, 1980 A National plan for research on aging National Research on Aging. National Research on Aging Planning Panel, 1982 **Advances in Clinical Obstetrics and Gynecology**, 1987 New Advances in Medicine, and what They Mean to You Morris Fishbein, 1956 **British Medical Journal**, 1915 **The Encyclopedia of Sleep and Sleep Disorders** Charles Pollak, Michael J. Thorpy, Jan Yager, 2010 Praise for the previous edition provides a good background for anyone interested in the subject easy to use **Association Medical Journal**, 1915 **New York State Journal of Medicine**, 1929 The Journal of the Indiana State Medical Association Indiana State Medical Association, 1912 Includes the association's membership roster and its complete program and annual reports The British Medical Journal, 1915 *Progressive Medicine. a Quarterly Digest of Advances, Discoveries, and Improvements in the Medical and Surgical Sciences*, 1920 *The Journal of the American Medical Association*, 1901 **Journal of the American Medical Association** American Medical Association, 1904 Includes proceedings of the Association papers read at the annual sessions and list of current medical literature Aging and Leisure Robert Watson Kleemeier, 1961

Unveiling the Power of Verbal Artistry: An Emotional Sojourn through **Advances In Surgery In The Elderly**

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