

THE DOCTOR'S QUICK WEIGHT LOSS DIET

By *Irwin Samuel Silliman, M.D., D.M.* and *James Gordon Baker*
..... Medically proven, The Doctor's
Quick Weight Loss Diet—with over 60
variations—has helped more than 10,000
patients lose dangerous, excess fat—
safely, quickly and easily. Here, at
last—available to you—.....

**THE DOCTOR'S QUICK
WEIGHT LOSS**

DIET

From the Doctor's Casebook:

Mrs. F. G., weighed 194 lbs. and
was only 5'1". She had tried to
reduce 14 different times without
success. The Doctor's Quick Weight
Loss Diet helped her lose 10 lbs. the
first week. Within a year she was at 165
lbs. which she has maintained.....

Mr. D.E., at age 32, was 243 lbs. instead of
155-170 ideal weight, and he suffered from high
blood pressure. The diet put him down to 183 lbs.
in 14 weeks. He'll stabilize at about 165 lbs. His
blood pressure has dropped and he feels like a new
man. so Mrs. E. F. weighed 155 lbs. instead of her ideal
weight of under 110 lbs. for her 5'2". In two months on The
Doctor's Quick Weight Loss Diet she was down to 115 lbs.

THE DOCTOR'S QUICK WEIGHT LOSS DIET
THE DOCTOR'S QUICK WEIGHT LOSS DIET

Doctors Quick Diet

Yijin Wang



Doctors Quick Diet:

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