

THE BETTY FORD CENTER



BOOK OF ANSWERS

HELP

FOR THOSE

STRUGGLING WITH

SUBSTANCE ABUSE—

AND FOR THE

PEOPLE WHO

LOVE THEM

JAMES W. WEST, M.D., F.A.C.S.
FOREWORD BY BETTY FORD

- Early signs of addiction • Intervention • Dual disorders • New treatments
- Support groups • Sober and drug-free living • And much more



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