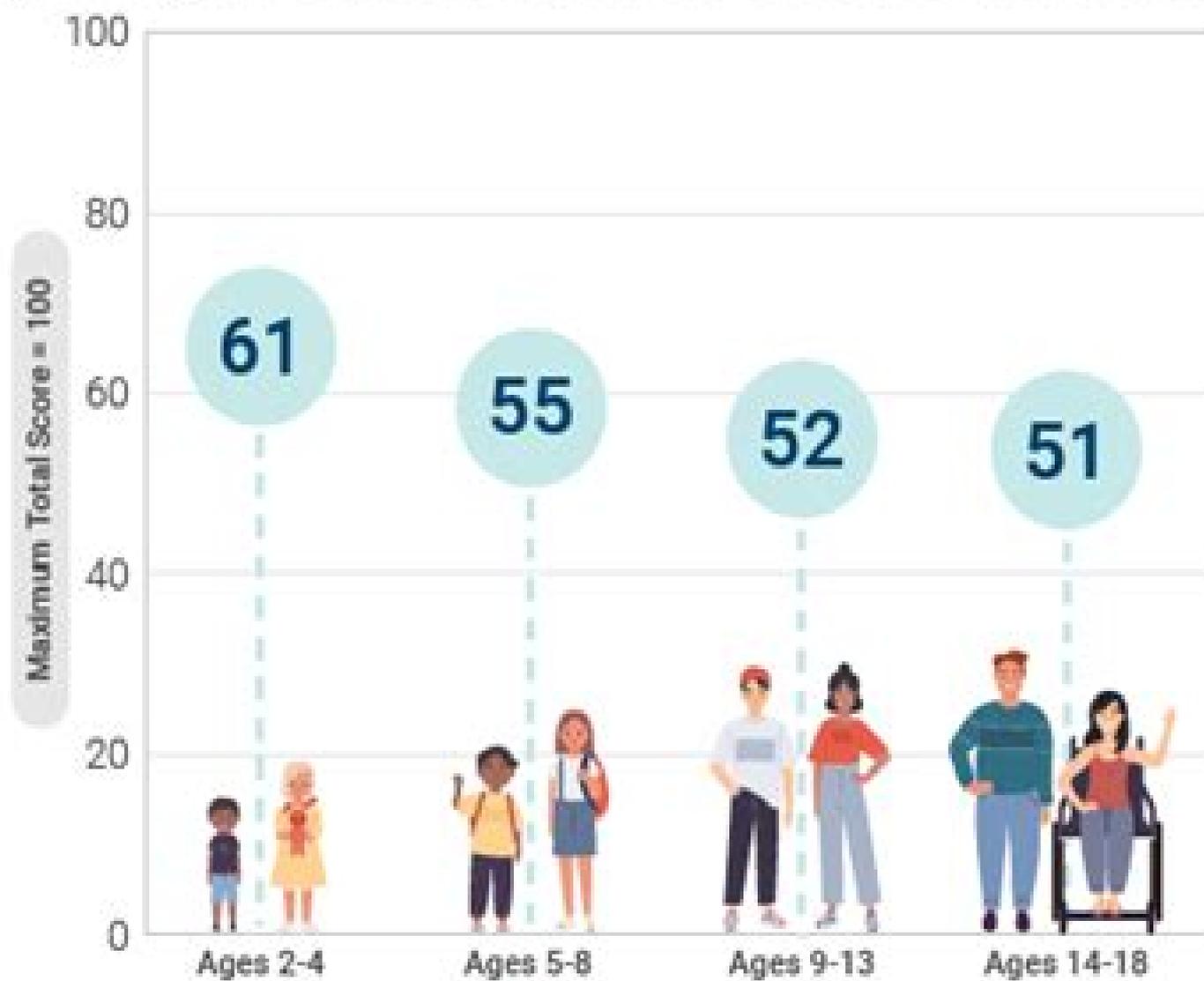


Figure 3-1

Healthy Eating Index Scores Across Childhood and Adolescence



Data Source: Analysis of What We Eat in America, NHANES 2015-2016, ages 2 through 18, day 1 dietary intake, weighted.

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David Kirk



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