



# Cholesterol inter@ctive

Cholesterol 1.1.1™ (with CD-ROM) includes  
www.ScyMed.com

«Cholesterol Management Card»

## NCEP ATP III Guidelines At-A-Glance

### 1 Step one

Determine whether the patient meets the diagnostic criteria for hyperlipidemia.

ATP III Classification of LDL, Total, and HDL Cholesterol (mg/dL)



### 2 Step two

Select the appropriate clinical recommendations based on the patient's risk factors.



### 3 Step three

Determine whether the patient meets the diagnostic criteria for hyperlipidemia.



ATP III Classification of LDL, Total, and HDL Cholesterol (mg/dL)



### 5 Step five

Select the appropriate clinical recommendations based on the patient's risk factors.



### 3 Step three

Determine whether the patient meets the diagnostic criteria for hyperlipidemia.

Major Risk Factors (Exclusive of LDL Cholesterol): Three Modify LDL Goals



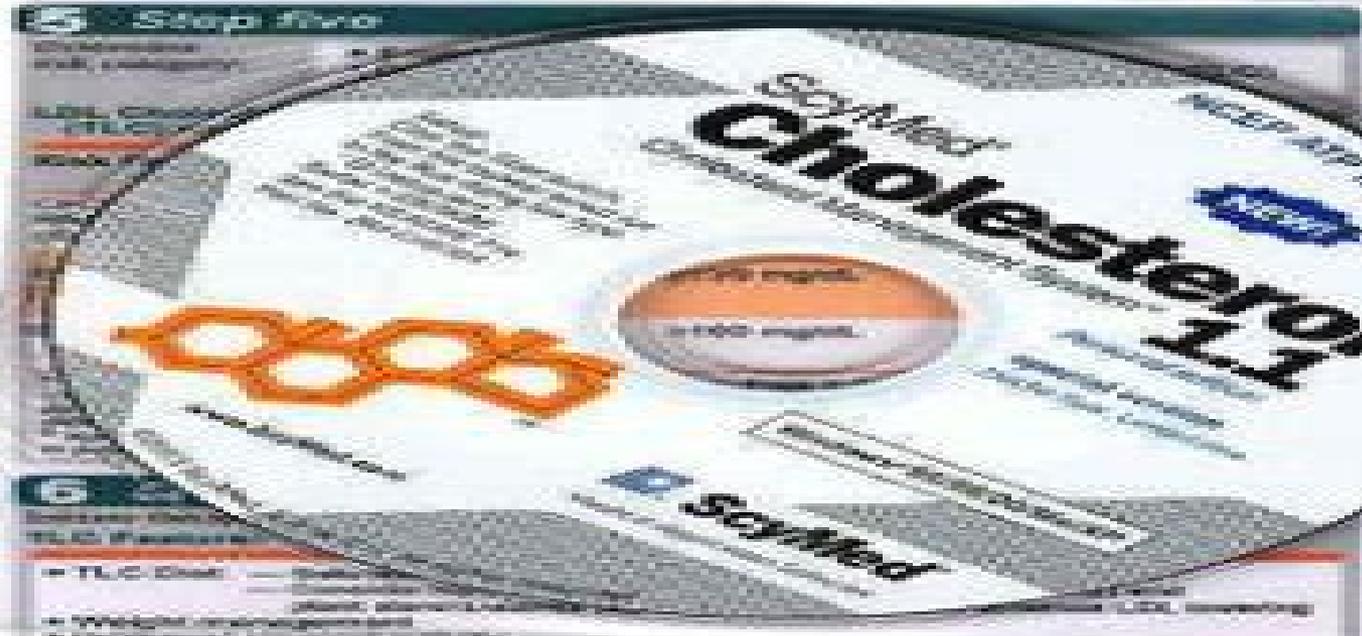
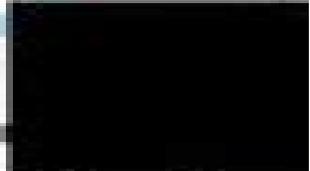
### 4 Step four

Select the appropriate clinical recommendations based on the patient's risk factors.



### NCEP

The NCEP is a national organization that provides information on cholesterol management. For more information, visit the NCEP website at [www.ncep.org](http://www.ncep.org).



### RISK FACTORS FOR CARDIOVASCULAR DISEASE

**Major Risk Factors:**

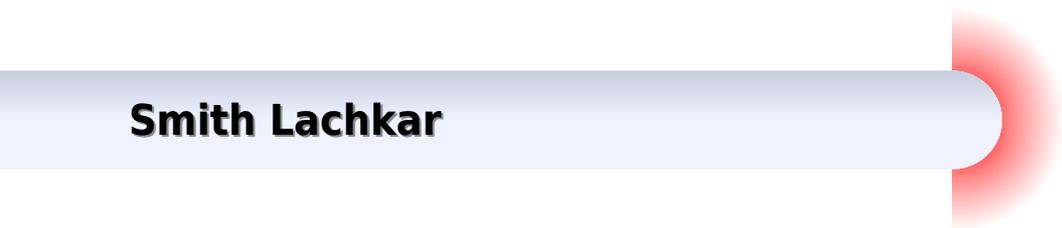
- Hypertension (systolic  $\geq 140$  mmHg or diastolic  $\geq 90$  mmHg)
- Smoking (tobacco)
- High cholesterol (LDL  $\geq 190$  mg/dL)
- Diabetes (fasting blood glucose  $\geq 126$  mg/dL)
- Family history of premature CHD (men < 55 years, women < 65 years)

**Additional Risk Factors:**

- Age (men  $\geq 45$  years, women  $\geq 55$  years)
- Obesity (BMI  $\geq 30$ )
- Physical inactivity

# Cholesterol 11 Personal Edition Cholesterolinteractive Cholesterol Management Card With Mini Cdr

**Smith Lachkar**



## **Cholesterol 11 Personal Edition Cholesterolinteractive Cholesterol Management Card With Mini Cdr:**

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The Eight-Week Cholesterol Cure Robert E. Kowalski,1989-10      **Controlling Cholesterol** Kenneth H. Cooper,1988  
Individual chapters relate cholesterol to alcohol smoking aerobic exercise coffee obesity stress aging sex differences cancer and other health topics

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