

# Different types of Therapeutic diets



## No Concentrated Sweets or NCS diet

Manages weight & blood sugar levels



## No Added Salt diet or NAS

Reduces intake of salt



## Low Cholesterol Diet

Helps treat fat levels



## High fiber diet

Used to treat gastrointestinal diseases



## Pureed diets

Prescribed for those who are unable to chew or swallow

# Diet Therapy

**Lingsheng Yao**



## **Diet Therapy:**

Uncover the mysteries within Explore with is enigmatic creation, Embark on a Mystery with **Diet Therapy** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( Download in PDF: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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