

6

AROMATHERAPY BLENDS FOR DIY

Bath salts
HELLONATURAL.CO



10 eucalyptus

+



10 peppermint

=

**CLEAR
SINUSES**



10 lavender

+



10 bergamot

=

RELAXATION



10 lemon

+



10 rosemary

=

**CLEAR YOUR
MIND**



10 sage



5 mint

+



5 tea tree

=

BALANCING



5 geranium

+



10 lavender

+



5 rose

=

CALMING



5 orange

+



5 clove

=

**UPLIFTING
STRENGTHENING
STRESS RELIEF**



5 cedarwood

+



5 lemon

Aromatherapy Blends And Remedies

L Cohen



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