

AAFCO Test Questions Solved Correctly Latest Version 2025-2026 Graded A+

1. What is the legal definition of Organic? - Answers Cotton sold as "organic" must be grown according to the federal guidelines for organic crop production. Crops must be rotated and not grown repeatedly in the same soil. Synthetic pesticides and fertilizers may not be used for at least 3 years.

1. What are the "vitamin-like" factors? - Answers Choline & Carnitine

Carnitine - Answers Helps the body change fatty acids into energy

Choline - Answers Methyl groups needed for many steps in metabolism. Needed to synthesize major phospholipids vital for cell membranes. Helps the brain and nervous system function. Lowered levels can cause the liver to swell.

1. What are the Essential Vitamins? - Answers 4 Fat Soluble - A,D,E,K

9 Water Soluble - Thiamin, Riboflavin, Niacin, Pantothenic Acid, Biotin, Pyroxidine, Folate, Cobalamin and Vitamin C

What are Fat Soluble Vitamins? - Answers i. Stored in the body's fat tissue

ii. Absorbed in presence of dietary fat

What are Water Soluble Vitamins? - Answers i. Not stored, excreted in the urine

ii. Should be taken on a regular basis to prevent shortage

iii. B12 is the only one stored - in the liver for several years

Thiamin - Answers B1 - help change carbohydrate into energy, essential for health of heart and nerve function.

Deficiency: BeriBeri

Toxicity: none

Sources: peas, fresh and dried fruit, eggs, whole grain breads, some fortified blast cereals, and liver.

Riboflavin - Answers B2 - keep skin, eyes and the nervous system healthy. The body release energy from food. Aids in body growth and RBC production.

Quizlet Aafcs Test Questions

Wenbin Ji



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