

# BODY SENSE, BODY NONSENSE

DOES  
AN APPLE  
A DAY KEEP THE  
DOCTOR AWAY?

ARE CARROTS  
GOOD FOR  
YOUR  
EYESIGHT?

CAN HOLDING  
YOUR BREATH  
CURE HICCUPS?

by  
Seymour Simon

Illustrated by  
Deanna Kendrick



# Body Sense Body Nonsense

**Hussin A.Rothana**



**Body Sense Body Nonsense:**

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